



## full basic Training in EMDR Therapy

Trainer: Dorit Segal

Dr. Dani Kahn; Dr. Tuly Flint

2026

### Discover EMDR Therapy Training with Omakim

EMDR (Eye Movement Desensitization and Reprocessing) is a cutting-edge, comprehensive, integrative psychotherapy proven to help people heal from a wide range of psychological, emotional, and behavioral difficulties. It works by:

- Resolving **past experiences** that drive current struggles,
- Reducing the impact of **present triggers** that fuel distress, and
- Building **positive resources** to strengthen resilience and create a healthier future.

Research consistently shows EMDR to be one of the most effective treatments for trauma, and it is also highly successful in treating anxiety, depression, and many other challenges.

#### The Basic EMDR Training

Our training is delivered in **two parts**, each consisting of three intensive days.

- **Morning sessions** focus on clear, structured lectures.
- **Afternoons** are devoted to hands-on practice in small, supervised groups.

This unique practicum model allows participants to learn the method step-by-step, practice the tools in a supportive environment, and experience EMDR from both perspectives—therapist and client.

After each training part, participants join **group consultation sessions** (three after Part 1, five after Part 2) to deepen understanding and gain support as they begin using EMDR in their own practice.

#### Expand Your Skills: RTEP Training

In addition to the Basic Training, Omakim also offers a **special one-day training in the Recent Traumatic Episode Protocol (RTEP)**—an advanced EMDR application designed for processing recent or ongoing traumatic experiences. This training day is led by one of our expert trainers or by Mr. Yoni Elkins, a certified RTEP trainer.



## Basic EMDR Course Timetable

### Part 1 meeting In-person in Jerusalem

	Morning meeting		Afternoon meeting	
Tuesday 9/12/25	9:00-12:30	lecture	13:30-18:00	practicum
Wednesday 10/12/25				
Thursday 11/12/25				
Thursay 1/1/26	9:00-12:00		Clinical Supervision Zoom	
Thursday 15/1/26				
Thursday 28/1/26				

### Part 2 meeting In-person in Jerusalem

	Morning meeting		Afternoon meeting	
Tuesday 17/2/26	9:00-12:30	lecture	13:30-18:00	practicum
Wednesday 18/2/26				
Thursday 19/2/26				
Tuesday 24/2/26 (RTEP)				
Thursday 5/3/26	9:00-12:00	Clinical Supervision Zoom		
Thursday 19/3/26				
Thursday 9/4/26				
Thursday 23/4/26				
Thursday 30/4/26				

## Additional Course Details

- **Academic Hours:** 94
- **Eligibility:** Open to licensed clinical professionals with a master's degree in clinical mental health (see full inclusion criteria at [emdr.org.il](http://emdr.org.il)).
- **Course Fee:** 8,150 NIS
  - **Early Registration Bonus (until 10/11/25):** 7,950 NIS

The fee includes:


- 7 full days of training
- Official training textbooks
- 8 group supervision sessions
- One year membership in the EMDR Israel Association




**Registration Fee:** 500 NIS (non-refundable). In the unlikely event that Omakim must cancel the course, this fee will be fully refunded.

***Please note: the course will open once the minimum number of participants is registered.***

**Registration**

 Sharon: **055-3185725**

 WhatsApp: **+27764252815**

 Email: **emdr.training.il@gmail.com**