

# **EMDR Training in English**

## **Taught by Gary Quinn, M.D.**

**This training course is open to all mental health professionals**

EMDR is a comprehensive, integrative psychotherapy that addresses the experiential contributors of a wide range of pathologies.

EMDR has been found to be effective in PTSD, Addiction, Anxiety, Depression, Panic, Dissociative Disorders, and more.

**EMDR has proven to be effective and efficient in treating soldiers, victims, and others of October 7<sup>th</sup>.**

Dr. Gary Quinn is the senior Trainer at the EMDR Institute of Israel ([www.emdr-israel.org](http://www.emdr-israel.org)) and has over 30 years of experience treating patients with EMDR.

Dr. Quinn developed ISP® Immediate Stabilization Procedure used by therapists and first responders after man-made and natural disasters.  
He is an EMDR Trainer of trainers in Europe, Asia, and New Zealand

**Basic Training is a 2-part course**

### **Part 1**

- Explanation of EMDR therapy
- Theories of how EMDR might work
- Adaptive Information Model (AIP) a working model explaining EMDR
- Preparation and stabilization strategies
- The Eight phases of EMDR therapy
- Working with children
- Recent events protocol.

## **Part 2**

- Advanced case treatment planning strategies
- Strategy for clients with complex issues
- Cognitive interweaves.
- Additional consideration with:
  - Psychological reactions to illness and injury
  - Grief and Mourning
  - Anxiety and Phobias
  - Addictions
  - Dissociation
  - Combat veterans and First responders
  - Couples

Lectures, videotapes, and supervised practice sessions will be used.

## **Part 1**

Training: May 4<sup>th</sup>, 5<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup>  
2025

Course and Practicum in Jerusalem: 9:00 – 18:00  
Consultation groups  
On Zoom:

## **Part 2**

Training: July 6<sup>th</sup>, 7<sup>th</sup>, 14<sup>th</sup>, 2025  
Course and Practicum in Jerusalem: 9:00 – 18:00  
Consultation groups:  
On Zoom: Time to be determined

**PRICE:** 7,000 NIS

**For more information or to register: Iris**  
**(052) 503-0877**

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Registration fee 250 non-refundable