

EMDR Training in English

Taught by Gary Quinn, M.D.

This training course is open to mental health professionals

EMDR is a comprehensive, integrative psychotherapy that addresses the experiential contributors of a wide range of pathologies. EMDR has been found to be effective in PTSD and Addiction, Anxiety, Depression, Panic, Dissociative Disorders, and more.

EMDR has proven to be effective and efficient in treating soldiers and victims of October 7.

Dr. Gary Quinn is the senior Trainer at the EMDR Institute of Israel (www.emdr-israel.org)

He developed ISP® Immediate Stabilization Procedure used by therapists and first responders after man-made and natural disasters.

He is a Trainer of trainers in Europe, Asia, and New Zealand

Basic Training is a 2-part course

Part 1

- Explanation of EMDR therapy
- Theories of how EMDR might work
- Adaptive Information Model (AIP) a working model explaining EMDR
- Preparation and stabilization strategies
- The Eight phases of EMDR therapy
- Working with children
- Recent events protocol.

On completion of part 1 (of a 2-part training), therapists will have skills to treat PTSD.

Part 2

- Advanced case treatment planning strategies
- Strategy for clients with complex issues
- Cognitive interweaves.
- Additional consideration with:
 - Psychological reactions to illness and injury
 - Grief and Mourning
 - Anxiety and Phobias
 - Addictions
 - Dissociation
 - Combat veterans and First responders
 - Couples

Lectures, videotapes, and supervised practice sessions will be used.

Part 1

Training: Jan 5th, 7th, 9th, 2025
Course and Practicum in Jerusalem: 9:00 - 18:00
Consultation groups
On Zoom: Time to be determined

Part 2

Training: March 2nd, 4th, 9th, 2025
Course and Practicum in Jerusalem: 9:00 - 18:00
Consultation groups:
On Zoom: Time to be determined

**For more information or to register: Iris
(052) 503-0877**

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Registration fee 250 non-refundable