



## **EMDR ENGLISH COURSE LEVEL 1 - Beginning November 10, 2022**

**EMDR** is an Integrative Method of Psychotherapy that has proven its effectiveness in therapy for a variety of emotional and somatic complaints, including PTSD, anxiety, depression, and panic disorders. EMDR has been endorsed by international health organizations for its effectiveness in providing relief and resolving unprocessed traumatic memories.

**The Basic EMDR Course** includes two parts and is open only to certified professionals in the field of mental health, with a master's degree.

Both parts of the course are made up of lectures, demonstrations, videos, and practicums in small groups, in which every participant will act as the therapist, as well as the client.

The first part of the course is designed to provide information and practical tools that will enable therapists to begin integrating EMDR therapy into their clinical practice.

**The Trainer**, Dr. Udi Oren, a clinical and medical psychologist, and trained personally by Dr. Francine and is accredited as a senior trainer by the European EMDR Association and by the EMDR Institute USA.

**The Instructors** were trained by the EMDR Institute USA and accredited by the European EMDR Association.

### **The first part of the Course (Level 1) includes:**

4 full days from 9:00 am to 6:00 pm

The first part of each day will be devoted to the theory and practice of EMDR, instructed by Dr. Udi Oren, and the second part of the day will be devoted to a practicum, conducted by Karen Goldberg (and other facilitators as needed).

4 days of supervision from 9:00 am to 12:00 pm

### **Dates:**

10-11-22 9:00 am – 6:00 pm  
17-11-22 9:00 am – 6:00 pm  
23-11-22 9:00 am – 6:00 pm  
15-12-22 9:00 am – 6:00 pm  
29-12-22 9:00 am – 12:00 pm  
19-01-23 9:00 am – 12:00 pm  
09-02-23 9:00 am – 12:00 pm  
09-03-23 9:00 am – 12:00 pm

### **Price:**

3,000 NIS per person, including the site, light lunch, printed learning materials.

The supervision sessions are an integral part of the course. The course is not complete without attendance at supervision.

The dates of the second part of the course (level 2) will be decided at a later time

**For details and registration, contact – [Orit@emdr.co.il](mailto:Orit@emdr.co.il)**