



EMDR Training Course

Dr. Dani Kahn

EMDR is a comprehensive and integrative treatment method that has been shown to be effective in treating a wide range of mental, somatic and behavioral complaints. The method focuses on past experiences that underlie current psychological difficulties, past experiences that evoke feelings of thought and dysfunctional feelings, and positive experiences that are required to increase adaptive behaviors and improve mental health.

Many studies have shown EMDR as highly effective for treating trauma. In addition, EMDR has been found to be highly effective in treating anxiety disorders, depression, and other psychological disorders.

The course for EMDR therapists has two parts – part 1 and part 2. Each part consists of three training days that include a theoretical part and a practical part. In training there is a significant interactive component in which participants are divided into work groups under close guidance, and experience the tools learned that day in order to specialize and experience the method both as a therapist and as a patient. The course includes group training hours that take place after the end of each part of the course (after the first part 3 training meetings, and after the second part 8 training meetings).

Course scope - 80 academic hours (40 per part).

The course is open only to qualified mental health professionals. The criteria can be checked on the website of the EMDR Israel

Association: www.emdr.org.il



Dates and Hours– Part 1:	1.3.22	9 am – 6 pm	course
	8.3.22	9 am – 6 pm	course
	15.3.22	9 am – 6 pm	course
	12.4.22	8:45 am – 11 am	training
	26.4.22	8:45 am – 11 am	training
	17.5.22	8:45 am – 11 am	training

Dates and Hours– Part 2:	24.5.22	9 am – 6 pm	course
	31.5.22	9 am – 6 pm	course
	7.6.22	9 am – 6 pm	course
	21.6.22	8:45 am – 11 am	training
	5.7.22	8:45 am – 11 am	training
	19.7.22	8:45 am – 11 am	training
	2.8.22	8:45 am – 11 am	training
	6.9.22	8:45 am – 11 am	training

Location: Course sessions - 11 Neomi st., Jerusalem.
Training sessions – ZOOM software.

Cost: Course price: 6,750 NIS.
Discount for registrants until 31.12.21: 6,500 NIS.
The cost of the course includes a textbook, 8 training sessions and a one-year membership in EMDR Israel Association.
Registration fee of NIS 350 (included in the amount), will also be charged in case of cancellation of registration.

For more information and registration:
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