



כנס EMDR ישראל ה-1
30-31.5.2019



מבט אל הפסיכותרפיה של המאה ה-21

יום ה' 30.5 שעות 09:15-10:45

**EMDR Therapy – Sufficiency versus Insufficiency in the Treatment of
Complex PTSD: A critical review**

(הרצאה באנגלית)

The neurobiological lens of trauma has transformed our understanding of Complex PTSD away from events, and instead towards disorders of the body, mind and nervous system. Within EMDR Therapy, the theoretical framework of Adaptive Information Processing (AIP) is a transdiagnostic model that bridges both metaphor and neurophysiology. The essential currency of EMDR Therapy is that of dysfunctional memory networks. This raises questions as to whether AIP, as a paradigm, is sufficient in explaining both the range of symptoms indicative of C-PTSD – for example case conceptualisation, and secondly, in providing a sufficient theoretical framework to underpin a comprehensive treatment plan. This presentation will explore the AIP paradigm from two perspectives – investigating its sufficiency and insufficiency in working with C-PTSD clinical populations. It will consider aspects including Attachment Theory, Structural Dissociation, Meta-Theories and Competencies, Integrationism, Therapist Factors and Client Characteristics. Consideration towards three additional aspects: a. Teaching and Learning of EMDR Therapy; b. Research & Development; c. client narratives are explored.

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