

## Short case presentation and a request for sharing

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I have recently been working with a child of 10 who was run over by a hit and run driver. She was, fortunately, not seriously hurt, but very badly scared by the car careening towards her just as she stepped off of the sidewalk with her friends, by a gash in her stomach and on her leg that covered her with blood and by the fact that she walked-crawled bleeding to her friend's house where her mother came to get her. 3 months after the accident she was still frightened of going anywhere without her mother, woke up crying in the night and became panicked when she heard the screech of a car's brakes or loud noises.

Her negative cognition was "It's dangerous to be by myself" and her Positive cognition was "I can start to be confident like I used to be"

After 3 sessions of EMDR she was making good progress. She was able to let her mother go into another room and was working on calming herself when she heard sharp sounds. She was also beginning to imagine going out with her friends again.

After the bus accident at the Cfar Yonah junction all of her fearful symptoms returned. For her the accident confirmed her negative cognition that the only way to protect herself was to stay close to her mother. She won't even consider another alternative.

Does anyone have any suggestions on how to work with this child? Has anyone had any experience with this sort of a case of vicarious retraumatization. Any comments will be helpful and the discussion might give us all some new ideas to think about.

I'll be looking for your comments.

Barbara