

Greetings to all

This edition of the July e-journal has been changed as a result of the situation in the north. At Elan Shapiro's initiative we are attaching an Emergency File in which there are different EMDR protocols for working both with individuals and groups following a traumatic incident as well as protocols for accessing resources. An important part of this file is based on the group work of Tsipi Shani and Aiton Birnbaum as was presented at the last HAP day on the 21.7.06. In the update section we are attaching short reports from volunteers at the scene in the north, coordinated by Frances Yoeli and also other reports of volunteers in the merkaz with people from the north. We believe that the reports and the following reactions could be of assistance to us in updating and learning from each other in refining our therapeutic interventions. You are invited to send material to the emergency file and also any other material (responses, case descriptions etc) you want to share about the situation.

In the articles section we present two papers. The creative and challenging article of Yair Emanuel presents a combination of narrative therapy with EMDR. He relates to current interventions and that also has been added to the Emergency File. The paper by Aiton Birnbaum presents additional challenge – the transformation of group EMDR into a therapeutic tool alongside the standard protocol. Aiton also shows statistical results from the group work he performed with the participants of the last HAP day in Nathanya.

In the children's section we bring you Barbara Wizansky's article describing, with her usual flexible style, creative ways of treating children.

In the Tips section Dorit Raz suggests how the difference between a real tiger (real danger) and a “paper tiger” can be explained clearly and attractively to groups or individuals. She also explains V of acceptance and coping.

In the resources section we continue to add various interventions to the resource library: the light beam, capsule and working with two hands. Thanks to Irit Ofer who translated this. In the light of current events we will continue to update you and the e-journal will be more dynamic, reports will be added as we go.

Looking forward as usual to your questions and reactions,

Fruitful reading  
Brurit & Alan