

Greetings to all our readers

After a rather long period of “drought” we are back on line with our latest newsletter, the April edition of our electronic journal.

In the articles section you will find some of the presentations from the fascinating study day we had with Irit Ofri and Yaela Levavi on “EMDR treatment for victims of sexual abuse”. In the children’s section Barbara Wizansky presents the topic of combining resources in EMDR work with children. As usual, Barbara’s style wins us over with her creative and warm approach. In our updates section we bring three reports from places all over the world. Barbara Wizansky describes with color and humor her trip with Udi, Elan, Aiton and Brurit to the tropical island of Sri Lanka in the quest of training local professionals in EMDR, as part of the HAP initiative. This team was part of a larger project directed by Prof. Mooli Lahad. Co-editor and EMDR facilitator Alan Cohen also took part in another training program there. Amira Litman, diligent and thorough as ever, continues to supply us with information about international EMDR conferences, this time, the Seattle conference. The third report is from Anna Levi who summarized the supervisors’ a challenging, dramatic and enriching training course with Joany Spierings. This followed the first training given by Marilyn Luber. In the case presentation section we bring you this time a very relevant and applicable issue, even if it isn’t exactly a case presentation. This is Elan Shapiro’s article regarding guidelines for teaching eye movements to trainees and a suggestion of using a combination of three different channels of bilateral stimulation. We warmly recommend that you read the article, try to implement his suggestions and let us and Elan know how you fared. Elan also attached a form for you to fill in so that we can find out more about the way EMDR therapists do BLS here. Please give a few minutes of your time to do this and sent it to him at [elan@emdr.org.il](mailto:elan@emdr.org.il) . Thanks.

In the tips section we describe Tsipi Shani’s charming and very original use of a combination of resources using ... popcorn. Go there for some finger-licking entertainment. Last but not least is the resources section in which we bring Irit Ofri’s translation of Nancy Napier’s work with the “inner child”. We added a new version of the elaboration the RDI of Andrew Leeds by Laurel Parnell with slight alterations from Barbara and Brurit.

Enjoy reading, have a Happy and Kosher Passover

Brurit Laub and Alan Cohen