

Dear Readers

EMDR Israel has been very active both at home and abroad and this edition will reflect all these activities, You will be able to read about them in the **Update Section** which will cover the reports of the HAP (Humanitarian Assistance Program) training in Thailand led by Dr. Gary Quinn.

In March we conducted two courses for supervisors in Zichron Yaakov led by Dr. Marilyn Luber. Carmit Arieli-Kagan reported on the first course in which she was a participant – the positive feedback received from the second course was very similar. Elan Shapiro presents some of the tips from Marilyn's course in the **Tips Section**. Another report from Carmit concerns the successful training day on using drawings in EMDR training organized by Shula Brin. As a result of the interest generated, we hope that Shula will organize a full day workshop with practicum so that it will be possible to experience and implement the creative ideas that came up in the different lectures.

In the **Articles Section** we bring an interesting technique using EMDR with One Eye, originating from the Canadians Audrey Cook and Rick Bradshaw. This article is in fact Audrey's answer to questions posed on the EMDR list. We would be happy to receive feedback from therapists who have tried out this method. The second article is the work of Tsipi Shani from Bnei Brak who presents two-staged short-term group treatment for female students in a school in which there was an acute crisis. Tsipi brings some of the fascinating work that she presented in her lecture at the study-day on using drawing with EMDR.

In the **Children's Section** we present the guidelines of Renée Beer and Carlijn de Roos regarding adolescents. This is a continuation of the children's guidelines that we published in the last (January) edition.

In the **Case History Section**, Raya Reshef presents therapy with a young man who survived a terrorist attack unscathed but found it very difficult to return to routine. Raya brings up the topic of the importance of the need to fully associate with the traumatic incident before one can release himself from the trauma. Furthermore, Raya's work demonstrates how important it is not to despair even when the individual sessions do not finish satisfactorily.

Finally we wish to add a section that will turn into a permanent resource library on the EMDR site. This resource library, which may even develop into a special handbook is the initiative of Yaela Levavi. Yaela brings us an outline of a collection of resources and we will continue the idea and add more as we progress. We very much hope that you will write to us with more suggestions for the library. We would also be pleased to receive Hebrew translations of existing resources. This way we can have one central place for all the resources and you won't have to search for them throughout all the e-journal editions.

Please keep on sending cases and feel free to relate to anything that appears in this publication so that we can keep it relevant to the needs of EMDR therapists in Israel.

Wishing you a Happy Pesach  
Alan Cohen & Brurit Laub